

A COMPANION TO THE PRINTABLE READING PLAN

PROVERBS

Study Guide

A 4-Week, Verse-by-Verse Study

WEEK 1

**The Call to
Wisdom**

WEEK 2

**Wisdom vs.
Folly**

WEEK 3

**Wisdom for
Daily Living**

WEEK 4

**Diligence &
the Virtuous**

“Get wisdom, get understanding”

PROVERBS 4:5, KJV

BEFORE YOU BEGIN

How to Use This Guide

Four weeks, each built the same way, so the rhythm becomes second nature

Read first, then study.

Work through the assigned chapters using the companion Proverbs Reading Plan before opening this guide each week. The guide is meant to deepen a reading you've already done, not replace it.

Sit with the key verses.

Each week highlights three verses worth memorizing or returning to throughout the day — on a commute, before a meal, or as you fall asleep.

Answer honestly, not quickly.

The reflection questions are written for real self-examination. Skip a question that doesn't apply; sit longer with one that stings a little.

Use the journal space.

Every week closes with lined space for your own notes, prayers, or the one sentence you want to remember by Sunday.

The Call to Wisdom

Wisdom vs. Folly

OVERVIEW

KEY VERSES · KJV

13:20 *He that walketh with wise men shall be wise: but a companion of fools shall be destroyed.*

1. These chapters contrast the wise and the foolish in almost every verse. Which pattern do you recognize most in yourself right now?
2. Who are the “wise” companions currently shaping you — and who might be quietly shaping you toward folly?
3. Proverbs 10:12 ties love to covering offenses. Is there a relationship where you're holding onto strife instead of extending grace?
4. Where do you need more self-control in your speech this week?
5. Write one specific way you can “walk with the wise” in the coming days.

NOTES & PRAYER

Wisdom for Daily Living

The focus turns practical. This stretch of Proverbs deals with plans, pride, anger, wealth, friendship, and the tongue – the “how do I actually live this out” section of the book.

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| 16:3 | <i>Commit thy works unto the LORD, and thy thoughts shall be established.</i> |
| 18:21 | <i>Death and life are in the power of the tongue: and they that love it shall eat the fruit thereof.</i> |
| 22:6 | <i>Train up a child in the way he should go: and when he is old, he will not depart from it.</i> |

1. What decision are you currently making that you haven't fully "committed to the Lord"?
2. Recall a recent conversation – did your words build up or tear down?
3. Where is pride quietly showing up in your relationships or work this week?
4. If you have children, students, or people you mentor, what are you intentionally "training" them toward right now?
5. Choose one practical proverb from chapters 16–23 to put into action today, and write down how.

Diligence & the Virtuous Life

The book closes with warnings against laziness and injustice, the humble words of Agur, King Lemuel's counsel from his mother, and the closing portrait of a life — traditionally read as “the virtuous woman” — marked by strength, wisdom, and diligent work.

- 27:17** Iron sharpeneth iron; so a man sharpeneth the countenance of his friend.
- 31:25** Strength and honour are her clothing; and she shall rejoice in time to come.
- 31:30** Favour is deceitful, and beauty is vain: but a woman that feareth the LORD, she shall be praised.

1. Who in your life “sharpens” you the way iron sharpens iron – and are you spending time with them?
2. What would it look like for you to build “strength and honour” into your daily routine this month?
3. Where has laziness or procrastination crept into an area of your life?
4. Agur's prayer in chapter 30 asks for neither poverty nor riches, but “food convenient.” What would contentment look like for you this week?
5. Write down one takeaway from your month in Proverbs that you want to carry forward.

A CLOSING WORD

One Month Later

You've now walked through every chapter of Proverbs — slowly, deliberately, one theme at a time. Wisdom isn't a box to check once; it's a posture to return to. Consider starting again next season, or choosing one proverb from this month to write somewhere you'll see it daily.

“Get wisdom, get understanding” — Proverbs 4:5, KJV

MY TAKEAWAY FROM THIS MONTH
