

A PRINTABLE COMPANION FOR SLOW, STEADY STUDY

# PROVERBS

*A Reading Plan for the Book of Proverbs*

31-DAY PLAN

62-DAY SLOW PLAN

PROVERBS + PSALMS

4-WEEK THEMATIC PLAN

*“The fear of the LORD is the beginning of knowledge”*

PROVERBS 1:7, KJV

## BEFORE YOU BEGIN

# How to Use This Plan

*Four ways to read through Proverbs — pick the pace that fits your season*

### **Choose your pace.**

Proverbs has exactly 31 chapters, which makes it naturally suited to a calendar month — but there's no single "right" speed. This guide gives you four complete paths through the book, so you can match the plan to your season of life rather than forcing your life to match a plan.

### **Check the box, not the clock.**

Each plan is a simple checklist. Read the passage, mark the box, and move on — there's no penalty for a slower week or a skipped day. Missed a day? Just pick back up where you left off.

### **Pair it with the Study Guide.**

This reading plan tells you what to read and when. The companion Proverbs Study Guide walks you through what it means, with key verses and reflection questions grouped into the same four weekly themes used here.

#### **31-Day Plan**

One chapter a day — finish the whole book in a single calendar month.

#### **62-Day Slow Plan**

One chapter every two days: a reading day, then a reflection day.

#### **Proverbs + Psalms**

One Proverbs chapter and five Psalms daily — both books in a month.

#### **4-Week Thematic Plan**

Chapters grouped into four themes for a slower, topical study.

PLAN ONE

# The 31-Day Reading Plan

*One chapter a day – read straight through in a single month*

| DAY                         | CHAPTER     | DATE  | DAY                         | CHAPTER     | DATE  |
|-----------------------------|-------------|-------|-----------------------------|-------------|-------|
| <input type="checkbox"/> 1  | Proverbs 1  | _____ | <input type="checkbox"/> 17 | Proverbs 17 | _____ |
| <input type="checkbox"/> 2  | Proverbs 2  | _____ | <input type="checkbox"/> 18 | Proverbs 18 | _____ |
| <input type="checkbox"/> 3  | Proverbs 3  | _____ | <input type="checkbox"/> 19 | Proverbs 19 | _____ |
| <input type="checkbox"/> 4  | Proverbs 4  | _____ | <input type="checkbox"/> 20 | Proverbs 20 | _____ |
| <input type="checkbox"/> 5  | Proverbs 5  | _____ | <input type="checkbox"/> 21 | Proverbs 21 | _____ |
| <input type="checkbox"/> 6  | Proverbs 6  | _____ | <input type="checkbox"/> 22 | Proverbs 22 | _____ |
| <input type="checkbox"/> 7  | Proverbs 7  | _____ | <input type="checkbox"/> 23 | Proverbs 23 | _____ |
| <input type="checkbox"/> 8  | Proverbs 8  | _____ | <input type="checkbox"/> 24 | Proverbs 24 | _____ |
| <input type="checkbox"/> 9  | Proverbs 9  | _____ | <input type="checkbox"/> 25 | Proverbs 25 | _____ |
| <input type="checkbox"/> 10 | Proverbs 10 | _____ | <input type="checkbox"/> 26 | Proverbs 26 | _____ |
| <input type="checkbox"/> 11 | Proverbs 11 | _____ | <input type="checkbox"/> 27 | Proverbs 27 | _____ |
| <input type="checkbox"/> 12 | Proverbs 12 | _____ | <input type="checkbox"/> 28 | Proverbs 28 | _____ |
| <input type="checkbox"/> 13 | Proverbs 13 | _____ | <input type="checkbox"/> 29 | Proverbs 29 | _____ |
| <input type="checkbox"/> 14 | Proverbs 14 | _____ | <input type="checkbox"/> 30 | Proverbs 30 | _____ |
| <input type="checkbox"/> 15 | Proverbs 15 | _____ | <input type="checkbox"/> 31 | Proverbs 31 | _____ |
| <input type="checkbox"/> 16 | Proverbs 16 | _____ |                             |             |       |

## PLAN TWO

# The 62-Day Slow Plan

*One chapter every two days – a reading day, then a reflection day*

*Day one: read the chapter slowly. Day two: sit with one verse and let it settle.*

| DAYS                           | CHAPTER     | DAYS                           | CHAPTER     |
|--------------------------------|-------------|--------------------------------|-------------|
| <input type="checkbox"/> 1–2   | Proverbs 1  | <input type="checkbox"/> 33–34 | Proverbs 17 |
| <input type="checkbox"/> 3–4   | Proverbs 2  | <input type="checkbox"/> 35–36 | Proverbs 18 |
| <input type="checkbox"/> 5–6   | Proverbs 3  | <input type="checkbox"/> 37–38 | Proverbs 19 |
| <input type="checkbox"/> 7–8   | Proverbs 4  | <input type="checkbox"/> 39–40 | Proverbs 20 |
| <input type="checkbox"/> 9–10  | Proverbs 5  | <input type="checkbox"/> 41–42 | Proverbs 21 |
| <input type="checkbox"/> 11–12 | Proverbs 6  | <input type="checkbox"/> 43–44 | Proverbs 22 |
| <input type="checkbox"/> 13–14 | Proverbs 7  | <input type="checkbox"/> 45–46 | Proverbs 23 |
| <input type="checkbox"/> 15–16 | Proverbs 8  | <input type="checkbox"/> 47–48 | Proverbs 24 |
| <input type="checkbox"/> 17–18 | Proverbs 9  | <input type="checkbox"/> 49–50 | Proverbs 25 |
| <input type="checkbox"/> 19–20 | Proverbs 10 | <input type="checkbox"/> 51–52 | Proverbs 26 |
| <input type="checkbox"/> 21–22 | Proverbs 11 | <input type="checkbox"/> 53–54 | Proverbs 27 |
| <input type="checkbox"/> 23–24 | Proverbs 12 | <input type="checkbox"/> 55–56 | Proverbs 28 |
| <input type="checkbox"/> 25–26 | Proverbs 13 | <input type="checkbox"/> 57–58 | Proverbs 29 |
| <input type="checkbox"/> 27–28 | Proverbs 14 | <input type="checkbox"/> 59–60 | Proverbs 30 |
| <input type="checkbox"/> 29–30 | Proverbs 15 | <input type="checkbox"/> 61–62 | Proverbs 31 |
| <input type="checkbox"/> 31–32 | Proverbs 16 |                                |             |

### PLAN THREE

# Proverbs + Psalms in a Month

*One Proverbs chapter and five Psalms daily – finish both books together*

| DAY                         | PROVERBS | PSALMS | DAY                         | PROVERBS | PSALMS  |
|-----------------------------|----------|--------|-----------------------------|----------|---------|
| <input type="checkbox"/> 1  | Ch. 1    | 1-5    | <input type="checkbox"/> 16 | Ch. 16   | 76-80   |
| <input type="checkbox"/> 2  | Ch. 2    | 6-10   | <input type="checkbox"/> 17 | Ch. 17   | 81-85   |
| <input type="checkbox"/> 3  | Ch. 3    | 11-15  | <input type="checkbox"/> 18 | Ch. 18   | 86-90   |
| <input type="checkbox"/> 4  | Ch. 4    | 16-20  | <input type="checkbox"/> 19 | Ch. 19   | 91-95   |
| <input type="checkbox"/> 5  | Ch. 5    | 21-25  | <input type="checkbox"/> 20 | Ch. 20   | 96-100  |
| <input type="checkbox"/> 6  | Ch. 6    | 26-30  | <input type="checkbox"/> 21 | Ch. 21   | 101-105 |
| <input type="checkbox"/> 7  | Ch. 7    | 31-35  | <input type="checkbox"/> 22 | Ch. 22   | 106-110 |
| <input type="checkbox"/> 8  | Ch. 8    | 36-40  | <input type="checkbox"/> 23 | Ch. 23   | 111-115 |
| <input type="checkbox"/> 9  | Ch. 9    | 41-45  | <input type="checkbox"/> 24 | Ch. 24   | 116-120 |
| <input type="checkbox"/> 10 | Ch. 10   | 46-50  | <input type="checkbox"/> 25 | Ch. 25   | 121-125 |
| <input type="checkbox"/> 11 | Ch. 11   | 51-55  | <input type="checkbox"/> 26 | Ch. 26   | 126-130 |
| <input type="checkbox"/> 12 | Ch. 12   | 56-60  | <input type="checkbox"/> 27 | Ch. 27   | 131-135 |
| <input type="checkbox"/> 13 | Ch. 13   | 61-65  | <input type="checkbox"/> 28 | Ch. 28   | 136-140 |
| <input type="checkbox"/> 14 | Ch. 14   | 66-70  | <input type="checkbox"/> 29 | Ch. 29   | 141-145 |
| <input type="checkbox"/> 15 | Ch. 15   | 71-75  | <input type="checkbox"/> 30 | Ch. 30   | 146-150 |

*Day 31 is a grace day – catch up, reread a favorite chapter, or simply rest in what you've read.*

## PLAN FOUR

# The 4-Week Thematic Plan

*Chapters grouped by theme for a slower, topical study*

### WEEK 1

## The Call to Wisdom

### PROVERBS 1-8

The opening chapters personify Wisdom calling out in the streets and set the tone for the whole book: reverence for God as the starting point of real understanding.



### WEEK 2

## Wisdom vs. Folly

### PROVERBS 9-15

Short, sharp couplets contrasting the wise and the foolish, the righteous and the wicked – meant to be read slowly, a few at a time.



### WEEK 3

## Wisdom for Daily Living

### PROVERBS 16-23

The proverbs turn practical: work, anger, money, friendship, and the tongue – wisdom applied to an ordinary week.



### WEEK 4

## Diligence & the Virtuous Life

### PROVERBS 24-31

Warnings against laziness and injustice, the humble prayer of Agur, and the closing portrait of a life marked by strength and diligence.



BONUS

# Your Reading Streak

*Color, stamp, or check off a box for every day you read*

|    |    |    |    |    |    |    |    |
|----|----|----|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  | 6  | 7  | 8  |
| 9  | 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |    |

## FAVORITE VERSES FROM THIS MONTH

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## A CLOSING WORD

# Keep Going

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*Proverbs was never meant to be read once and set aside — its wisdom is meant to be revisited, season after season, as your circumstances change. However long this reading takes you, the goal isn't to finish quickly. It's to let a few of these verses take root.*

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“Trust in the LORD with all thine heart” — Proverbs 3:5, KJV